

Lase MD

PRE-TREATMENT PATIENT INSTRUCTIONS

- In weeks prior to procedure please avoid any type of skin irritation or tanning.
- On day of treatment, thoroughly wash face and do not apply any makeup, lotions, sunscreen, or any other cosmetics to the skin of the treatment area prior to arriving at facility.
- Please arrive 30 minutes ahead of your scheduled procedure time to begin the numbing process.

POST-TREATMENT PATIENT INSTRUCTIONS

- Patient may experience burning sensation for 1-2 hours immediately after the treatment. Cooling with an ice pack can provide relief to the treated area. Make sure to enclose the ice back in dry gauze to prevent water from penetrating the treatment area.
- Keep the treatment area moisturized. After the first day, gently wash and pat the skin gently dry for two days. Do not scrub the treated area. Moisturize daily. Usually, any crust will separate naturally within 5-7 days after the treatment.
- Please do not use cosmetics which contain active ingredients such as retinol or AHA after treatment without prior permission from the provider.
- Avoid exercising for the first week post-treatment or until initial healing has occurred. Increased redness may result from any activity that increases blood flow or body temperature (e.g. alcohol consumption, exercise, sauna).
- Avoid using cosmetics containing alcohol for at least one week after the treatment.
- For at least three weeks after the treatment, apply UV A/B Sunblock daily with SPF of at least 30 and PA+++ . If you need a recommendation for this, please ask one of our staff members. Use an umbrella, hat, or any other available protection against the sunlight while spending time outdoors.

CONTRAINDICATIONS

- Allergic response to topical anesthetics, antibiotics, or other medications
- Pregnancy or nursing
- Current skin cancer, premalignant moles, any other type of cancer

- Impaired immune system due to immunosuppressive diseases such as AIDS or HIV, or the use of immunosuppressive medications.
- History of bleeding disorders or use of anticoagulants
- Use of medications that induce photosensitivity.
- Active skin conditions or infection in the treatment area such as sores, Psoriasis, eczema, and rash.
- Botulism toxins applied to the treatment area within 2 weeks or fillers applied within 4-6 weeks within the treatment area.